

## 2001 California Dietary Practices Survey

**Table 89: Frequency of Grocery Shopping by California Adults**

Question: How many times per week or month do you shop in a grocery store or supermarket?

Percent Shop in Grocery Store				
	>1 times a week	3-4 times per month	1-2 times a month	<1 time a month
<b>Total</b>	<b>36</b>	<b>41</b>	<b>17</b>	<b>6</b>
<i>Sex</i>				
Males	35	39	18	8
Females	38	43	16	4
<i>Males</i>				
18 - 24	25	41	24	11
25 - 34	24	44	26	5
35 - 50	36	42	16	6
51 - 64	52	31	8	9
65+	41	26	17	15
<i>Females</i>				
18 - 24	31	39	24	6
25 - 34	33	50	16	1
35 - 50	46	36	13	4
51 - 64	38	43	16	3
65+	32	49	11	7
<i>Ethnicity</i>				
White	41	39	14	7
Hispanic	24	48	23	4
Black	36	34	23	6
Asian/Pacific Islander	34	41	24	1
<i>Education</i>				
Less than high school	24	49	19	8
High school graduate	32	43	18	8
Some college	38	39	16	7
College graduate	43	38	16	3
<i>Income</i>				
Less than \$15,000	29	44	22	5
\$15,000 - 24,999	37	42	17	4
\$25,000 - 34,999	35	47	13	5
\$35,000 - 49,999	37	45	15	3
\$50,000+	42	35	16	7
<i>Physically Active</i>				
Did not meet recommendations	33	45	16	6
Met recommendations	40	36	18	6
<i>Overweight</i>				
Overweight/Obese	34	42	18	6
Not Overweight	39	40	16	6

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi square test:

\* p<.05

\*\* p<.01

\*\*\* p<.001